



Skin Joy Clinic

SKIN | HAIR | NAIL CLINIC

Hello there! 🕊️ ✨

Goodbye, tension—hello, smooth! You've just had your Botulinum Toxin treatment at SkinJoyClinic. It's time to let those muscles relax and your confidence soar.

🎮 The "Freeze Frame" Challenge ❄️

The "magic" is currently finding its home in your muscles. Follow these rules to ensure a perfect finish:

- **Level 1: The Upright Rule 🧑** Stay upright (no lying down or bending over) for at least 4 hours. We want the treatment to stay exactly where we put it!
- **Level 2: The Face Gym 😬** Gently exercise your treated muscles (eyebrow raises, squints, or smiles) for the next hour. This helps the product "bond" to the muscle!
- **Level 3: The Sweat Break 🛑** No intense exercise, saunas, or hot tubs for 24 hours. Heat can cause the product to migrate before it's settled.

🏆 **Reward:** A smooth, refreshed, and "well-rested" look that appears in 3-10 days!

🧠 Did You Know?

Botox doesn't actually "freeze" your skin; it simply relaxes the muscle underneath so the skin on top can finally stop folding and start healing those lines!

🛑 When to call for backup:

Mild headaches or "heavy" brows for a day are common. If you experience drooping of the eyelid or difficulty swallowing/breathing, call us immediately.

Contact Us 📍 Skin Joy Clinic, New Town, Kolkata, West Bengal 📞 +91 98765 43210 | ✉️ contact@skinjoyclinic.com 🕒 Mon - Sat: 10:00 AM - 8:00 PM | Sunday: Closed

Smooth skin, smooth week! Team SkinJoy